

Manchester research dietitians take on cycling challenge for Prevent Breast Cancer

Five Greater Manchester research dietitians are tackling a major cycling challenge to support breast cancer research.

The team, based at the Nightingale Centre at Wythenshawe Hospital, consists of Katharine Sellers, Michelle Harvie, Mary Pegington, Sarah McDiarmid and Cheryl Lombardelli.



They are taking part in the Ride London-Surrey challenge this summer to raise money for the charity Prevent Breast Cancer.

The charity is close to their hearts, as it is based at the Nightingale Centre and funds a lot of the research trials that take place there. Two of the riders are doing the 100 mile event and three are doing the 46 mile version.

The team said: We are a team of research dietitians based in the Prevent Breast Cancer Research Unit at The Nightingale Centre.

Lifestyle factors are consistently linked to risk of breast cancer, relapse and breast cancer mortality. Our aim is to reverse this situation by introducing lifestyle change into the prevention and management of breast cancer. We want to be a Centre of excellence for lifestyle research for the prevention of breast cancer and its management after diagnosis.



Prevent Breast Cancer is the only UK charity funding ground-breaking research solely aimed at preventing breast cancer for future generations. Prevent Breast Cancer is involved in our research and has supported many of our studies, so we are doing the Ride London-Surrey event on 4 August 2019 to give something back!

Michelle is our lead dietitian and she is braving the 100 mile challenge along with Kath our programme coordinator. Research dietitians Mary, Cheryl and Sarah - are taking on the much flatter 46 miles!

Help us raise funds by clicking [here](#) to sponsor us and make sitting on a bike for hours' worth the pain!