

# NIHR

SMALL GRANT SCHEME SHOWCASE

LEAFLETS IN DIFFERENT LANGUAGES

SUPPORT ENGAGEMENT IN RESEARCH OF UNDER-SERVED IN MID-NORTH HAMPSHIRE

UNDERSERVED INCLUDE: UNDER 18, 30-45YRS, ETHNIC MINORITIES, FEMALE

TRANSLATION IS IMPORTANT

REACH OUT TO ETHNICALLY DIVERSE FAMILIES



DEVELOP POSITIVE RELATIONSHIPS WITH AT LEAST 4 DIFFERENT ETHNIC COMMUNITY GROUPS

INCLUSIVE

PROMOTING PHYSICAL ACTIVITY

PLAYCE POMPEY

LANDPORT SKILLS GARDEN

TALK TO GROUPS ON THEIR TERMS.



DEATHS AT START OF COVID

THERE ARE NO HARD TO REACH AREAS

MAKE LINKS

COMMUNICATION WITH COMMUNITY GROUPS ALREADY ESTABLISHED

CHALLENGES & LEARNINGS



MAKE SURE SHARED

WIDELY!!!

INTEGRATE THE COMMUNITY

THE POWER OF COMING TOGETHER

MAKING MORE VOICES HEARD

IF FOR COMMUNITY, LED BY COMMUNITY

REVIEW OF ETHICS WHILE WORKING WITH COMMUNITIES



COMMUNITY CHAMPIONS

JOINT PROJECTS, BIGGER GRANTS

SHOULDN'T BE US VS THEM

ACADEMIC VS COMMUNITY

EVERYONE IS UNIQUE

MORE CREATIVE RESEARCH

# NIHR

SMALL GRANT SCHEME SHOWCASE

GET TO KNOW THEM

WORKING ALONGSIDE COMMUNITIES

MAINLY PEOPLE OF COLOUR

HEALTH INEQUALITY

BE THERE ALL THE TIME (NOT JUST WHEN PROMOTING SOMETHING)

CLOSE THE LOOP

WE ARE STRONGER WORKING WITH OUR COMMUNITIES

ADDRESS THESE

FUNDING -> COMMUNITY

REACH OUT TO UNDER-SERVED COMMUNITIES

BE CREATIVE

HELP YOU DEVELOP YOUR IDEA

FUTURE SUSTAINABILITY



RSS RESEARCH SUPPORT SERVICE

THINK CREATIVELY

## UNDER-SERVED COMMUNITIES

GET INVOLVED! LONG TABLE



OLDER & YOUNGER PEOPLE, LGBT+, HEALTH CONDITIONS, ETHNIC MINORITIES

FOCUS GROUPS & NETWORKS



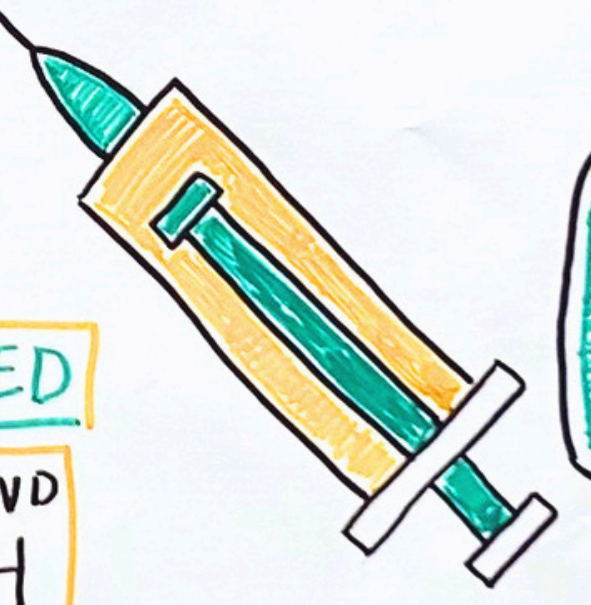
SIT DOWN & TALK

ENGAGING YOUNG ADULTS LIVING WITH DIABETES

FEEL INCLUDED



RESEARCH



INSULIN

AND HEARD

HELP WITH FINDING WORK + MAKING LIFE EASIER

BARRIERS

DEMENTIA RESEARCH

FRIENDS OF MARC REFERENCE GROUP

CREATE LINKS WITH DIFFERENT COMMUNITIES

KEEP IT GOING!

SCREENING & TRACKING PEOPLE TAKING PART IN TALKING THERAPIES

THEMES INCLUDE: TIME, SUSTAINABILITY

BALANCE OF POWER



COLLABORATION

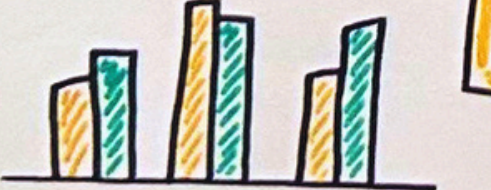
CREATIVE RESEARCH

CO-PRODUCTION

REALLY USEFUL TO HELP YOUNG PEOPLE FIND RESEARCH OPPORTUNITIES!

PSYCHOLOGICAL THERAPIES

FALLING THROUGH GAPS IN SERVICES



TALKING THERAPIES FOR ANXIETY + DEPRESSION

EXPERIENCING UNUSUAL SYMPTOMS?

PSYCHOTIC EPISODES

MORE SUPPORT NEEDED. INTENSE DEPRESSION

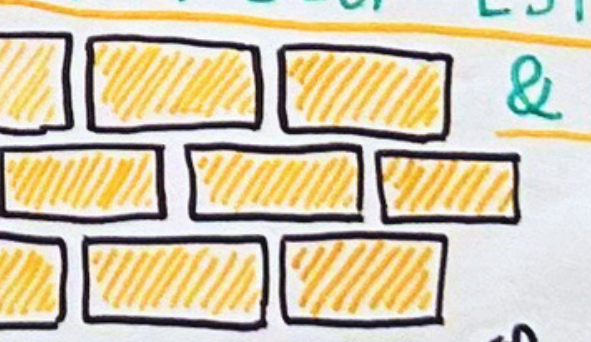
RAISE AWARENESS



YOUTH OPTIONS IS LIFE-CHANGING

"I JUST FEEL LIKE I'M A GOOD BOY WHEN I COME HERE"

BUILDING SELF-ESTEEM & CONFIDENCE



IMPROVED BEHAVIOUR

TREAT THEM LIKE ADULTS!

SUPPORT CHILDREN -> LACK OF TRUST IN ADULTS

13 ADULTS, 11 CHILDREN + YOUNG PEOPLE, 16 SITE VISITS

YOUTH OPTIONS

LOOKED AFTER CHILDREN + YOUNG PEOPLE ACCESSING ALTERNATIVE EDUCATION

E.G. EXCLUDED FROM SCHOOL

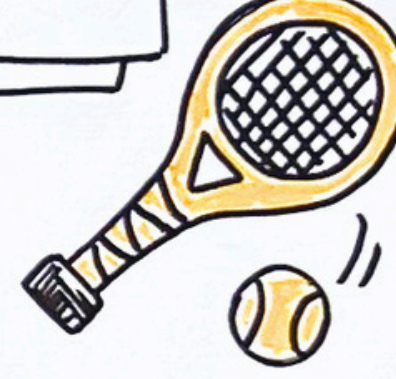
STRENGTHEN CONNECTION WITH COMMUNITY



BUILD TRUST!

DESIGN WITH COMMUNITY

CURRENT FACILITIES LIMIT AGE ABILITIES



BLACK WOMEN 5X MORE LIKELY TO DIE IN CHILD BIRTH

ASIAN WOMEN 2X AS LIKELY

LANGUAGE BARRIERS

DIFFERENT NEEDS FOR DIFFERENT WOMEN



RESEARCH

FEEL INCLUDED

AND HEARD

BARRIERS

DEMENTIA RESEARCH

FRIENDS OF MARC REFERENCE GROUP

CREATE LINKS WITH DIFFERENT COMMUNITIES

KEEP IT GOING!

SCREENING & TRACKING PEOPLE TAKING PART IN TALKING THERAPIES

FALLING THROUGH GAPS IN SERVICES

TALKING THERAPIES FOR ANXIETY + DEPRESSION

EXPERIENCING UNUSUAL SYMPTOMS?

PSYCHOTIC EPISODES

MORE SUPPORT NEEDED. INTENSE DEPRESSION

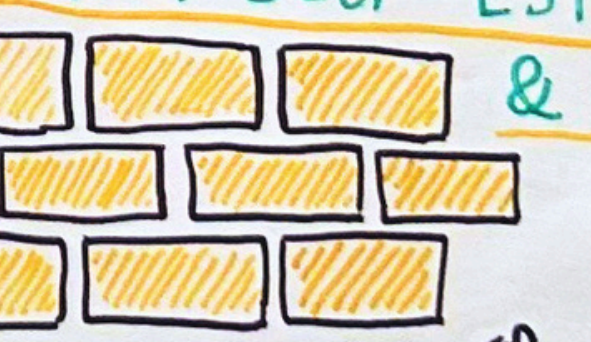
RAISE AWARENESS



YOUTH OPTIONS IS LIFE-CHANGING

"I JUST FEEL LIKE I'M A GOOD BOY WHEN I COME HERE"

BUILDING SELF-ESTEEM & CONFIDENCE



IMPROVED BEHAVIOUR

TREAT THEM LIKE ADULTS!

SUPPORT CHILDREN -> LACK OF TRUST IN ADULTS

13 ADULTS, 11 CHILDREN + YOUNG PEOPLE, 16 SITE VISITS

YOUTH OPTIONS

LOOKED AFTER CHILDREN + YOUNG PEOPLE ACCESSING ALTERNATIVE EDUCATION

E.G. EXCLUDED FROM SCHOOL

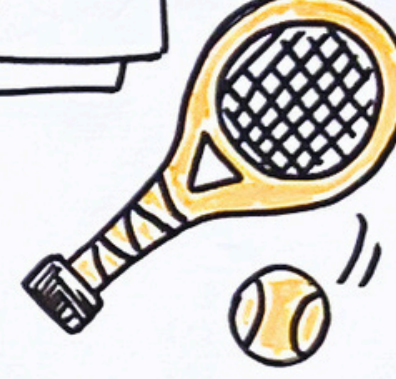
STRENGTHEN CONNECTION WITH COMMUNITY



BUILD TRUST!

DESIGN WITH COMMUNITY

CURRENT FACILITIES LIMIT AGE ABILITIES



BLACK WOMEN 5X MORE LIKELY TO DIE IN CHILD BIRTH

ASIAN WOMEN 2X AS LIKELY

LANGUAGE BARRIERS

DIFFERENT NEEDS FOR DIFFERENT WOMEN



RESEARCH

FEEL INCLUDED

AND HEARD

BARRIERS

DEMENTIA RESEARCH

FRIENDS OF MARC REFERENCE GROUP

CREATE LINKS WITH DIFFERENT COMMUNITIES

KEEP IT GOING!

SCREENING & TRACKING PEOPLE TAKING PART IN TALKING THERAPIES

FALLING THROUGH GAPS IN SERVICES

TALKING THERAPIES FOR ANXIETY + DEPRESSION

EXPERIENCING UNUSUAL SYMPTOMS?

PSYCHOTIC EPISODES

MORE SUPPORT NEEDED. INTENSE DEPRESSION